Success: Full Living

First hour of the workshop is free and open to the public. Monday, October 10, 7:30 pm

Hermitage House (3650 E. 46th St.)

Class continues

Saturday & Sunday, October 15 & 16, 9:00 am – 5:00 pm

Registration Saturday at 8:30 am

Limited seating available. To register, complete form below or phone: (317) 545-0742 or (317) 250-6888 or email: <u>LuLugk@aol.com</u>. A \$50 deposit (non-refundable) must be received by Mon., October 10, 2011 to insure your discount and reserve your seat.

GRADUATES MUST REGISTER. Please bring your membership card. Seating is limited. A graduate donation of \$30 is appreciated to help cover costs of the class.

Hotel Accommodations

If you are from out-of-town or an outlying area and would like hotel accommodations, we would suggest the **Hampton Inn Indianapolis.** The actual address is 6817 East 82nd Street, and is just north of I-465 at the northeast corner of the city just off of 1-69 (Exit 1 Castleton). The phone numbers are: 317-576-0220 or **1-800-HAMPTÔN** (**426-7866**). The Hampton Inn also offers a 10% discount for AARP Members, AAA Members, Senior Citizens (age 50+), and those taking programs at the Hermitage.

INDIANAPOLIS

A Personal Note from Fr. Justin



Dear Friend:

I have taught Success: Full Living all over the world. What a thrill it is to see individuals of every age, religion, culture, and occupation finding their way to more peaceful, more productive, more satisfying lives!

Success in life is really a simple process, even though our technological world has tried to make us think otherwise. The essentials are these: 1) choose appropriate goals and 2) develop positive attitudes. Everything else happens automatically.

This workshop will give you tools that you can use for the rest of your life-tools that you can give to your children and grandchildren for the rest of their lives!

Take advantage of this opportunity and celebrate every day of your life!

See you at the class.

God bless!



The Hermitage

c/o LuLu 3650 E. 46th Street Indianapolis, IN 46205 317-250-6888 371-549-2619 (FAX) Email: LuLugk@aol.com

Name	
Address	
City	State Zip
Phone – Day ()	Evening ()
Amount Enclosed \$	Check #
MC/VISA#	
Exp. Date Email	

Success: Full Living INDIANAPOLIS

Class Registration

INVESTMENT At the door \$200 Prepaid \$175 Additional Family Member(s) \$150

*a \$50 deposit will insure your discount and reserve your seat.

Please make checks payable to The Hermitage and mail to the above address. For written confirmation, include a self-addressed, stamped envelope. You can register by phone at (317) 250-6888 or by FAX at (317) 549-2619 or email LuLugk@aol.com



The Hermitage 3650 East 46th Street Indianapolis, IN 46205 (317) 545-0742

NONPROFIT.ORG U.S. POSTAGE PAID Indianapolis, IN Permit No. 6957

POSTMASTER: PLEASE EXPEDITE DATED MATERIAL

Success: Full Living

Setting Goals. Finding Purpose. Achieving Happiness.

o you want to experience more peace and less stress? Do you want more out of life? Would you like more balance in your daily schedule? Here is a weekend experience that can help you attain these, and any other goals you wish!

This program is designed to help you acquire successful living skills. The workshop uses not only lecture, but also meditation, music, physical exercise, goal setting, and life planning, in a setting of small group discussions, audiovideo aids, a detailed self-evaluation, and lots of fun.

In SUCCESS: FULL LIVING, you will learn how to:

- Set personal goals and learn how to achieve them
- Keep your attitude positive
- Motivate yourself
- Overcome fear
- Move through life changes successfully
- Affirm yourself and others
- See problems as opportunities

Tens of thousands the world over have taken Success: Full Living, attained wonderful results, and now live the rewarding lives we all deserve.

Gerald Jampolsky, M.D., author of *Teach only Love* and *Love Is Letting Go of Fear,* had this to say: "Success: Full Living offers us a road map to inner peace and to a balance of inner and outer success."

The Amazing Kreskin comments: "The field of personal improvement and inspirational writing is riddled with pseudo-technological claptrap very similar to the field of psychiatry. Fr. Justin's writing is remarkably devoid of such; indeed, his messages are powerful truths about how to grow in life. He has crystalized his teaching with vigor, warmth, and love. This is some book!"

Stephanie Simonton, author of *Getting Well Again*, writes: "*Success: Full Living* is a much needed course that incorporates the latest brain research into a series of exercises designed to improve the quality of one's life. This book should be required reading for anyone wanting to prevent illness and to live a more productive life."

The possibilities for self-improvement are limitless as these comments from graduates attest....

"I came to the class thinking in terms of the help it would be to me in my profession, but I began to realize that I needed it as much or more in my personal life."

"I learned how important right attitudes are. The course made me want to change, and it gave me the tools to structure new goals for myself."

"As a result of this course, I will be more tolerant of other people's beliefs. I learned that I cannot change anybody else, only me!"

"Being on different plateaus in our growth had been a source of conflict for my spouse and I. Now we are accepting of where the other is – feeling united again, but different."

"Stress and anxiety, which existed in a close, personal friendship, has disappeared – a deep hurt has been healed, and a spiritual love has emerged."

"I see my world and my life in a new dimension."

"I felt like I was drowning. I needed direction. This course gave me the tools to get myself started in the right direction."